# 2008 National Initial Physical Education Teacher Education Standards National Association for Sport and Physical Education (NASPE)

# Standard 1: Scientific and Theoretical Knowledge

Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals.

#### Elements – Teacher candidates will:

- 1.1 Describe and apply physiological and biomechanical concepts related to skillful movement, physical activity and fitness.
- 1.2 Describe and apply motor learning and psychological/behavioral theory related to skillful movement, physical activity, and fitness.
- 1.3 Describe and apply motor development theory and principles related to skillful movement, physical activity, and fitness.
- 1.4 Identify historical, philosophical, and social perspectives of physical education issues and legislation.
- 1.5 Analyze and correct critical elements of motor skills and performance concepts.

# Standard 2: Skill and Fitness Based Competence\*

Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K-12 Standards.

## Elements – Teacher candidates will:

- 2.1 Demonstrate personal competence in motor skill performance for a variety of physical activities and movement patterns.
- 2.2 Achieve and maintain a health-enhancing level of fitness throughout the program.
- 2.3 Demonstrate performance concepts related to skillful movement in a variety of physical activities.
- \* Without discrimination against those with disabilities, physical education teacher candidates with special needs are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate competent movement and performance concepts (modified/adapted equipment, augmented communication devices, multi-media devices, etc.) and fitness (weight training programs, exercise logs, etc.).

# **Standard 3: Planning and Implementation**

Physical education teacher candidates plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students.

#### Elements – Teacher candidates will:

- 3.1 Design and implement short and long term plans that are linked to program and instructional goals as well as a variety of student needs.
- 3.2 Develop and implement appropriate (e.g., measurable, developmentally appropriate, performance based) goals and objectives aligned with local, state, and /or national standards.
- 3.3 Design and implement content that is aligned with lesson objectives.
- 3.4 Plan for and manage resources to provide active, fair, and equitable learning experiences.
- 3.5 Plan and adapt instruction for diverse student needs, adding specific accommodations and/or modifications for student exceptionalities.
- 3.6 Plan and implement progressive and sequential instruction that addresses the diverse needs of all students.
- 3.7 Demonstrate knowledge of current technology by planning and implementing learning experiences that require students to appropriately use technology to meet lesson objectives.

# **Standard 4: Instructional Delivery and Management**

Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.

#### Elements – Teacher candidates will:

- 4.1 Demonstrate effective verbal and non-verbal communication skills across a variety of instructional formats.
- 4.2 Implement effective demonstrations, explanations, and instructional cues and prompts to link physical activity concepts to appropriate learning experiences.
- 4.3 Provide effective instructional feedback for skill acquisition, student learning, and motivation.
- 4.4 Recognize the changing dynamics of the environment and adjust instructional tasks based on student responses.
- 4.5 Utilize managerial rules, routines, and transitions to create and maintain a safe and effective learning environment.
- 4.6 Implement strategies to help students demonstrate responsible personal and social behaviors in a productive learning environment.

# **Standard 5: Impact on Student Learning**

Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.

Elements – Teacher candidates will:

- 5.1 Select or create appropriate assessments that will measure student achievement of goals and objectives.
- 5.2 Use appropriate assessments to evaluate student learning before, during, and after instruction.
- 5.3 Utilize the reflective cycle to implement change in teacher performance, student learning, and/or instructional goals and decisions.

#### **Standard 6: Professionalism**

Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

Elements – Teacher candidates will:

- 6.1 Demonstrate behaviors that are consistent with the belief that all students can become physically educated individuals.
- 6.2 Participate in activities that enhance collaboration and lead to professional growth and development.
- 6.3 Demonstrate behaviors that are consistent with the professional ethics of highly qualified teachers.
- 6.4 Communicate in ways that convey respect and sensitivity

Note: Throughout the standards and elements and rubrics, which follow, the term *teacher candidate* refers to pre-service teachers in an initial preparation program. In the rubrics, the term *teacher candidate* will be abbreviated to "TC".

**Standard 1: Scientific and Theoretical Knowledge**Physical education teacher candidates know and apply discipline-specific scientific and theoretical concepts critical to the development of a physically educated person.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
1.1 Describe and	TC applies physiological and	TC appropriately applies	TC appropriately applies
apply physiological	biomechanical concepts in	physiological and biomechanical	physiological and biomechanical
and biomechanical	planning for and delivering	concepts in planning for and	concepts in planning for and
concepts related to	instruction. Skill cues are	delivering instruction. Skill cues	delivering instruction for all
skillful movement,	appropriate in plan, but TC fails	identified in the plan are used during	stages of student proficiency.
physical activity and	to use the identified skill cues	the lesson. TC instruction for skillful	Skill cues are identified in the
fitness.	during the lesson. TC	movement, physical activities, or	plan and are consistently used
	instruction for skillful	fitness includes the "how" and	during the lesson. TC instruction
	movement, physical activity or	"why" of the movement, physical	for skillful movement, physical
	fitness is given using generalized	activity, or fitness. TC meets the	activity, or fitness includes the
	terms and is concerned with the	criterion score established by the	"how" and "why" of the
	"how" of the movement,	program on selected assessments in	movement, physical activity, or
	physical activity, or fitness. TC	physiology and biomechanics.	fitness. TC exceeds the criterion
	fails to meet the criterion score		score established by the program
	established by the program on		on selected assessments in
	selected assessments in		physiology and biomechanics.
	physiology and/or biomechanics.		
	=-		

<b>Element Statement</b>	Unacceptable	Acceptable	Target
1.2 Describe and apply motor learning and psychological/behavioral theory related to skillful movement, physical activity, and fitness.	TC demonstrates knowledge of the various theories, but fails to apply theories to teaching. Practice conditions used for skill acquisition do not allow for individual differences. TC uses punitive measures to control behavior. TC fails to meet the criterion score established by the program on assessments in motor learning and/or psychological/behavioral theory.	TC demonstrates knowledge of the various theories and applies the theories to teaching. Practice conditions allow for individual differences. TC controls student behavior through the use of proactive strategies (i.e. catch them when they are good, awarding positive behavior, etc.). TC meets the criterion score established by the program on assessments in motor learning and psychological/behavioral theory.	TC appropriately applies motor learning, psychological, and behavioral theory in planning for and delivering instruction. Practice conditions allow for individual differences and practice conditions are adjusted based on student responses. TC controls student behavior using proactive strategies including encouraging student self-responsibility. TC exceeds the criterion score established by the program on assessments in motor learning and psychological/behavioral theory.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
1.3 Describe and apply motor development theory and principles related to skillful movement, physical activity, and fitness.	TC applies motor development theory and principles in planning for the lesson, but fails to account for developmental differences during instruction and practice activities. TC fails to meet the criterion score established by the program on assessments in motor development.	TC appropriately applies motor development theory and principles in planning for and delivering instruction. TC plans and implement lessons that are developmentally appropriate (neither too hard nor too easy). TC demonstrates application of motor development theory by using developmentally appropriate teaching cues, and planning developmentally appropriate practice opportunities. TC meets the criterion score established by the program on assessments in motor development.	TC appropriately applies motor development theory and principles in planning for and delivering instruction (for all stages of student proficiency); evidence is provided by P-12 students' changes in behavior (learning occurs) in skillful movements, physical activities, and personal fitness. TC exceeds the criterion score established by the program on assessments of motor development.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
1.4 Identify historical, philosophical, and social perspectives of physical education issues and legislation.	TC fails to meet criterion scores established by the program on assessments in historical, philosophical, and social perspectives. Evidence could include projects, assignments, departmental examinations, state or national licensure tests.	TC meets criterion scores established by the program on assessments in historical, philosophical, and social perspectives. Evidence could include projects, assignments, departmental examinations, state or national licensure tests.	TC exceeds criterion scores established by the program on assessments in historical, philosophical, and social perspectives. Evidence could include projects, assignments, departmental examinations, state or national licensure tests.
1.5 Analyze and correct critical elements of motor skills and performance concepts.	TC can analyze, detect, and correct critical elements for all fundamental movement skills for at least one stage of proficiency in either a verbal or written format. TC can identify key elements of motor skills, but feedback on the skills is non-specific. Lessons focus on skills without consideration for the context in which skills are executed. TC provides limited feedback to students on the effective use of tactics and strategies.	TC analyzes, detects, and corrects elements of all fundamental movement skills using skill cues linked to the identified critical elements. TC provides specific, corrective feedback on critical elements for motor skills.  Lessons focus on skills with consideration for the context in which skills are executed. TC identifies objectives related to decision making and the use of strategies and tactics. TC provides feedback to students on the effective use of strategies and tactics.	TC analyzes, detects, and corrects all students' fundamental movement skills using skill cues linked to the identified critical elements. TC provides specific, corrective feedback on critical elements for both motor skills and tactics. TC identifies objectives related to decision making and the effective use of strategies and tactics and plans practice activities congruent to objectives. TC provides specific, corrective feedback to students on the effective use of strategies and tactics.

# Standard 2: Skill and Fitness Based Competence

Physical education teacher candidates are physically educated individuals with the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the NASPE K-12 Standards.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
2.1 Demonstrate	TC can demonstrate all	TC demonstrates all fundamental	TC demonstrates all fundamental
personal	fundamental movement skills at	movement patterns at the	movement patterns at the automatic
competence* in	the automatic stage, but only in	automatic stage in an authentic	stage in an authentic environment.
motor skill	isolation (a non-authentic	environment. TC demonstrates	TC demonstrates the ability to
performance for a	environment; not within a variety	the ability to combine movement	combine and adapt skills during
variety of physical	of physical activities or in	patterns into a sequence. TC	game play. TC consistently
activities and	coordination with other movement	demonstrates movement skills at	performs at the utilization level of
movement patterns.	patterns). TC demonstrates	the utilization level across a	motor competency across all
	movement skills at the control	variety of physical activities. TC	activities. TC demonstrates
	level. Skills competency is at the	demonstrates competency in a	proficiency in a variety of physical
	recreational level of motor	variety physical activities.	activities.
	performance.		

<sup>\*</sup>TC competence will be defined by the program and assessed accordingly. All programs will ensure that teacher candidates with documented disabilities are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate competency in movement fundamentals, performance concepts, and fitness based on their ability.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
2.2 Achieve and	TC performs below the age- and	TC meets the age- and gender-	TC exceeds the age- and gender-
maintain a health-	gender-specific levels for one or	specific levels for each of the 5	specific levels for each of the 5
enhancing level of	more of the 5 components of	components of health-related	components of health-related
fitness throughout	health-related physical fitness	physical fitness (cardio	physical fitness (cardio respiratory
the program.	(cardio respiratory endurance, muscular strength, muscular endurance, flexibility, and body composition) using standards established by national, state or program level testing.	respiratory endurance, muscular strength, muscular endurance, flexibility, and body composition) using standards established by national, state or program level testing.	endurance, muscular strength, muscular endurance, flexibility, and body composition) using standards established by national, state or program level testing.

<sup>\*</sup>TC competence will be defined by the program and assessed accordingly.

All programs will ensure that teacher candidates with documented disabilities are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate competency in movement fundamentals, performance concepts, and fitness based on their ability.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
2.3 Demonstrate	TC cannot select what to do and/or	TC correctly selects what to do	TC correctly selects what to do and
performance	cannot execute that selection	and executes that selection	executes that selection
concepts related to	appropriately in the authentic	appropriately in the authentic	appropriately in a variety of
skillful movement in	environment for a variety of	environment for a variety of	activities. TC executes advanced
a variety of physical	physical activities. TC uses	physical activities. TC can apply	strategies using skills at appropriate
activities.	ineffective strategies in attempting	strategies that effectively create	times and/or appropriate situations.
	to create open space (offensive	open space (offensive tactics)	In addition, TC anticipates and
	tactics) or close open space	and close open space (defensive)	gains an advantage while
	(defensive tactics) while	tactics while participating in	participating in physical activity.
	participating in physical activity.	physical activity.	

<sup>\*</sup>TC competence will be defined by the program and assessed accordingly. All programs will ensure that teacher candidates with documented disabilities are allowed and encouraged to utilize a variety of accommodations and/or modifications to demonstrate competency in movement fundamentals, performance concepts, and fitness based on their ability.

**Standard 3: Planning and Implementation** 

Physical education teacher candidates plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
3.1 Design and implement short and long term plans that are linked to program and instructional goals as well as a variety of student needs.	TC fails to make both long and short term plans. Planning is limited to daily lesson plans with no plan for long term instructional goals for the unit. Lesson objectives are not aligned with identified long term goals (unit). Planned learning activities are out of alignment with instructional or programmatic goals.	TC designs and implements short and long term plans. Learning activities are congruent with short term (lesson objectives) and long term (unit objectives) goals and are linked directly to student needs. TC uses strategies such as backward mapping in planning short and long term goals.	TC designs and implements short and long term plans using such strategies as backward mapping to ensure learning is sequential. Short and long term goals are linked directly to student learning activities. Short and long term goals inform instruction and learning activities and allow for differentiate instruction and multiple means of teaching sequences.
3.2 Develop and implement appropriate (e.g. measurable, developmentally appropriate, performance-based) goals and objectives aligned with local, state, and/or national standards.	Objectives are inappropriate for the subject area/developmental level of learners by being either too difficult or too easy. Objectives only contain performance. Objectives are appropriate, but TC fails to align objectives with local, state, and/or national standards.	Objectives are appropriate for subject area/developmental level of learners, are connected appropriately to the standards, and provide appropriate challenges for students (tasks are neither too easy nor too difficult). Objectives are measurable and most objectives identify criteria.	Objectives are appropriate for the subject area/developmental level of learners, are explicitly connected to the standards, and provide appropriate challenges for students (tasks are neither too easy nor too difficult). Objectives incorporate multiple domains of learning or content areas. Objectives are measurable and each contains criteria for student mastery.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
3.3 Design and	TC selects model/approach that	TC selects teaching	TC selects teaching
implement content	is incongruent with the subject	approach/model based on	approach/model that is congruent
that is aligned with	matter/content, student	developmental level of students,	with the goals/objectives and
lesson objectives.	population, and/or	context of the class, and the	facilitates mastery. The
	goals/objectives. Teaching	context in which the skill/activity	approach/model selected
	approach does not consider the	will be performed. Teaching	maximizes practice opportunities,
	developmental level of students,	approach is congruent with the	allows for individual differences in
	context of the class (number of	goals/objectives, the number of	skill levels, maximizes the use of
	students in class, equipment,	students in the class, pre-	space and equipment, and allows
	space, etc.), and/or the context	assessment of students'	students to practice tasks in
	(open or closed environment) in	developmental levels, available	appropriate environments related
	which the skill/activity will be	equipment, space, and context	to the context (open or closed
	performed. Students	(open or closed environment) in	environment) in which the
	participating in the learning	which the skill/activity will be	skill/activity is performed.
	activities fail to achieve the	performed. Learning activities	Learning activities allow students
	lesson objectives.	allow students to achieve	to achieve objectives.
		objectives.	
3.4 Plan for and	TC does not plan or minimally	TC plans for instructional	TC's plans routinely reflect
manage resources to	plans for adaptations based on	adaptations for individual	sophisticated adaptations for
provide active, fair,	individual differences	differences	abilities (all levels) and needs
and equitable	(abilities/needs/interests).	(abilities/needs/interest). TC can	(interests and motivation) with a
learning	Instruction is not individualized	articulate an appropriate rationale	sound rationale. TC uses multiple
experiences.	and a "one size fits all" approach	for adaptations. TC uses multiple	instructional models/approaches
	is taken. TC uses one	instructional models/approaches	throughout the lesson to account
	instructional model/approach	throughout the lesson to account	for variations in learning styles
	throughout the lesson. TC does not make adaptations or offer	for variations in learning styles and prior experiences. TC provides	and prior experiences. Students are given multiple choices
	choices in equipment, space use,	student choices in equipment,	(equipment, space, etc.) within
	or practice tasks based on	space, or level of practice tasks	practice tasks based on individual
	individual differences.	based on individual differences.	differences.
	marviduai differences.	based on marriada differences.	differences.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
3.5 Plan and adapt	TC fails to account for student	TC accounts for student	TC accounts for exceptionalities
instruction to	exceptionalities or differences	exceptionalities or differences	among students or makes
diverse student	within the class based on factors	within the class by planning and	accommodations for the diversity
needs, adding	such as gender, class, ethnicity,	implementing lessons that make	found within the student
specific	race, physical or mental	modifications based on factors	population using creativity and
accommodations	handicap, or socioeconomic	such as gender, class, ethnicity,	foresight. It is clear from the TC's
and/or modifications	status. TC does not make	race, physical or mental handicap,	behaviors that components such as
for student	accommodations for the diversity	or socioeconomic status. TC	the selection of units of
exceptionalities.	found within the student	demonstrates teaching behaviors	instruction, materials selected for
	population. Failure to account for	that reflect thoughtful	display, the selection of students to
	exceptionalities would include	consideration of exceptionalities	demonstrate, and methods of
	such components as the choices	through such behaviors as the	grouping students that
	of units to be taught, selection of	selection of units to be taught,	exceptionalities and diversity
	students chosen to demonstrate,	inclusion of diversity in bulletin	found
	degree of inclusion reflected in	boards and other displayed	within the student population and
	bulletin boards or other displays,	materials, using a variety of	have driven instructional decision
	and grouping of students for	students to demonstrate, and	making. TC collaborates with the
	instruction or play. TC fails to	grouping students for instruction	IEP team on the planning and
	collaborate with the IEP team on	and play. TC collaborates with the	implementing of lessons that meet
	the planning and implementing	IEP team on the implementation of	the needs of students with
	of lessons that meet the needs of	lessons that meet the needs of	disabilities.
	students with disabilities.	students with disabilities.	

<b>Element Statement</b>	Unacceptable	Acceptable	Target
3.6 Plan and	Learning tasks are inappropriate	TC considers the context of the	Learning objectives and tasks are
implement	for the developmental levels of	teaching environment and that the	appropriate for the developmental
progressive	students by being either too	context is reflected in the planning	level of students by providing
sequential	difficult or too easy. TC fails to	and implementation of lessons.	appropriate challenges for students
instruction that	make adjustments to tasks to	Multiple methods are used to	(tasks are neither too easy nor too
addresses the	accommodate students'	convey content. TC groups	difficult). TC makes adjustments
diverse needs of	developmental levels by	students in a variety of ways based	to tasks based on student
students.	increasing or decreasing task	on objectives for lessons. All	performance (increasing or
	complexity. The sequence of the	students are expected to learn and	decreasing tasks complexity).
	lesson may be illogical, with	achieve mastery. Learning tasks	Adjustments are both across the
	gaps in progressions.	are appropriate for the	entire class and individualized.
	Learning/practice tasks are	developmental levels of students	The sequence of the lesson is
	arranged randomly in the lesson	by providing appropriate	logical with no gaps in
	with steps between progressions	challenges for students (task are	progressions. Learning/practice
	either too large or too small to	neither too easy nor too difficult	tasks allow students to begin and
	facilitate skill mastery. TC fails	for students). TC makes some	end at different levels based on
	to pre-assess students to	adjustments to tasks to	individual readiness. Progressions
	determine an appropriate starting	accommodate students'	are sequential with opportunities
	point. Students are grouped for	developmental levels, but	for students to extend tasks to
	convenience (by gender, age,	adjustments are across the entire	increase or decrease the challenge.
	etc.) without consideration of the	class and not individualized.	TC individualizes starting points
	objectives for the lesson.	Progressions are sequential and	for students based on student pre-
		progressive with no gaps. Task	assessment. TC sets high
		complexity is appropriate for skill	expectations for all students.
		and developmental levels of	
		students. The sequence of the	
		lesson(s) is logical, with few gaps	
		in progressions. Learning/practice	
		tasks are arranged in sequential and	
		progressive steps to facilitate	
		learning. TC pre-assesses students	
		to determine an appropriate starting	
		point.	

<b>Element Statement</b>	Unacceptable	Acceptable	Target
3.7 Demonstrate	TC does not make appropriate	TC integrates learning experiences	TC integrates learning experiences
knowledge of	use of the available technology.	that involve students in the use of	that require students to use various
current technology	TC demonstrates limited	available technology. TC	technologies in a physical activity
by planning and	knowledge of current technology	demonstrates knowledge and use of	setting. TC demonstrates mastery
implementing	and its applications in a physical	current technology and applies this	of current technologies and uses
learning experiences	activity setting. TC's use of	knowledge in the development and	the technology to enhance student
that require	technology does not align with	implementation of lessons in a	learning. TC incorporates
students to	lesson objectives.	physical activity setting. TC's use	technology such as pedometers,
appropriately use		of technology is aligned with	video, etc. to provide feedback to
technology to meet		lesson objectives.	students. TC's use of technology
lesson objectives.			is aligned with lesson objectives.

**Standard 4: Instructional Delivery and Management**Physical education teacher candidates use effective communication and pedagogical skills and strategies to enhance student engagement and learning.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
4.1 Demonstrate effective verbal and nonverbal communication skills across a variety of instructional formats.	TC's verbal interactions have an occasional mistake in grammar, poor diction, and/or inappropriate language for the age and skill level of students. The pacing of verbal communication is consistently either too fast or too slow, and there is little variation in tone and inflection. All communication is verbal with no other form of communication used.	TC's verbal interactions have an occasional mistake in grammar or the occasional use of an inappropriate a regional colloquialism. Pacing of verbal communication is neither too fast nor too slow with some variation in tone and inflection. Verbal and nonverbal communication is used throughout the lesson. TC uses alternative forms of communication such as tasks sheets, bulletin boards, etc. to communicate content.	TC uses proper grammar and diction. Pacing of verbal communication is appropriate for age group (neither too fast nor too slow) and is varied in tone and inflection. Multiple forms of communication such as tasks sheets, bulletin boards, etc. are used throughout the lesson.
4.2 Implement effective demonstrations, explanations, instructional cues and prompts to link physical activity concepts to appropriate learning experiences.	TC either provides no demonstration or an incorrect demonstration during the instructional episode. TC provides either too few or too many instructional cues or prompts for the developmental level of students. Instructional cues are incorrect or do not identify key elements of the skill/strategies.	TC provides an effective demonstration/model during the instructional episode. TC creates instructional cues or prompts that identify key elements of the skill/strategies and are appropriate for the developmental level of students. TC repeats the cues/prompts multiple times during the lesson.	TC provides an effective demonstration/model during the instructional episode. TC creates innovative instructional cues/prompts to facilitate learning including such things as rhymes or finding ways to make abstract concepts concrete. TC consistently repeats the instructional cues or prompts throughout the lesson.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
4.3 Provide effective instructional feedback for skill acquisition, student learning, and motivation.	TC provides generalized feedback without connecting the feedback to a specific response. Feedback is motivational and not corrective. Feedback is provided to the group as a whole.	TC provides both generalized and corrective feedback that is well-timed. Feedback is linked directly to student responses. A combination of positive, specific and corrective feedback is used. Both individual and group feedback is given.	TC provides positive, specific, corrective feedback that is well-timed. Feedback is linked directly to student responses and identifies key elements. Both individual and group feedback is given.
4.4 Recognize the changing dynamics of the environment and adjust instructional tasks based on student responses.	TC delivers lessons by remaining on script without regard to student responses. TC fails to recognize changes in the teaching environment or fails to make adjustments based on changes in the environment.	TC makes adjustments to planned lesson based on student responses. TC demonstrates flexibility in the lesson or with students by adjusting lesson based on student responses.	TC demonstrates flexibility and creativity when adjusting the lesson based on student responses. TC appropriately responds to teachable moments during the lesson.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
4.5 Utilize	TC has ineffective rules or has	TC has established rules for the	TC has established rules that are
managerial rules,	difficulty in implementing	classroom and consistently	logical, reasonable, and
routines, and	classroom rules. Rules lack clarity	enforced these rules. Rules are	developmentally appropriate with
transitions to	or are stated in language	stated in developmentally	clear consequences for discipline
create and	inappropriate for the age group.	appropriate language. Managerial	issues. Rules are consistently
maintain a safe	Managerial routines are not present	routines are present and a system	enforced. Managerial routines are
and effective	and no systems are in place for	is in place for distribution/return of	present and innovative such as
learning	distribution/return of equipment,	equipment, attendance, finding a	multiple equipment distribution
environment.	attendance, finding a partner or	partner or creating a group, and	points. Stop and start signals are
	creating a group, and other gymnasium routines. Arrangement of students does not allow them to practice tasks. Spacing for tasks impedes student practice (too close or too far apart). There is not a clear stop and start signal in place. Behavior issues are addressed insufficiently or ineffectively.	other gymnasium routines. There is a clear stop and start signal in place. Effective use of space is evident in the lesson (students are neither too far or too close together). Behavior issues are immediately, efficiently, and effectively addressed by such proactive strategies as student prompts. TC creates a supportive environment that invites student	clear and creative. Space use is maximized through careful planning with students participating in the organization of the space for their use. Students consistently self-manage their behavior during lessons. TC creates a supportive environment where students are encouraged and supported.
4.6 Implement	TC relies on direct instruction for	participation.  TC selects both direct and indirect	TC selects both direct and indirect
strategies to help	each lesson. Students are not	instructional approaches including	instructional approaches including
strategies to help students	allowed to make decisions in the	task and inquiry (problem	cooperative learning, peer
demonstrate	context of the class. Student's only	solving). Students are given	teaching, and child-designed
responsible	choice is to participate or not to	choices throughout the lesson	instruction. Students are given
personal and social	participate in the lesson.	about equipment, starting points,	multiple choices during the lesson.
behaviors in a		or partners or groups.	
productive			
learning			
environment.			

**Standard 5: Impact on Student Learning**Physical education teacher candidates utilize assessments and reflection to foster student learning and inform instructional decisions.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
5.1 Select or create appropriate assessments that will measure student achievement of the goals and objectives.	TC shows no evidence (or minimal evidence) of planning for formal or informal assessment.  There is no plan for record keeping or analysis of data.  Assessments do not match/measure the lesson objectives and/or standards. Some of the objectives are not assessed.	TC uses appropriate strategies to assess student learning (paper and pencil tests, observational checklists, etc) regularly. TC has a plan for record keeping and analysis of data. Planned assessments are appropriate for the lesson and/or standards. Student progress is recorded.	TC uses assessments to plan future lessons. On-going assessments as well as summative and formative assessments are used in many contexts. Record keeping provides detailed information on students and can be transformed into a format that is accessible to others (e.g. parents/administrators).
5.2 Use appropriate assessments to evaluate student learning before, during, and after instruction.	TC demonstrates no evidence (or minimal evidence) of planning for formal or informal assessment. If assessment is used, it only occurs after instruction. Assessments do not match the lesson objectives and/or standards.  Learning/practice opportunities are not based on pre-assessments. Instruction is informed by instructional plan with no regard for pre-assessments or formative assessments. Grades are determined by "effort" or "participation."	TC uses appropriate strategies to assess student learning (paper and pencil tests, observational checklists, etc) regularly. Planned assessments are appropriate for the lesson and/or standards. Record keeping provides information on student learning. Learning/practice opportunities are based on preassessments. Assessment occurs throughout the unit of instruction and is used to inform instruction, provide feedback, communicate progress and determine grades.	TC uses multiple assessments. On-going assessments as well as summative and formative assessments are used in many contexts. Record keeping provides detailed information on students and can be transformed into a format that is accessible to others (e.g. parents/administrators). Assessments are used to inform instruction, provide feedback, communicate progress and determine grades. Learning/practice opportunities are based on pre-assessments. Formative assessments are used which allow students to achieve mastery on summative assessments.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
5.3 Utilize the	TC plans lessons without	TC uses a reflective cycle	TC uses a reflective cycle
reflective cycle to	considering previous	(description of teaching,	(description of teaching,
implement change	accomplishments. Plans lessons	justification of teaching,	justification of teaching,
in teacher	according to teaching preferences	performance, critique of teaching,	performance, critique of teaching,
performance,	vs. student needs.	setting of goals) to modify	setting of goals) to modify
student learning,	Learning/practice opportunities	instruction, change teacher	instruction, change teacher
and instructional	are not based on pre-assessments	performance, or implement change	performance, and implement
goals and decisions.	and students' developmental	based on reflection. Changes based	change based on reflection.
	levels.	on reflection are placed into action	Changes based on reflection are
		in lessons.	placed into action in lessons.
			Short and long term goals are
			modified based on the reflective
			cycle.

# **Standard 6: Professionalism**

Physical education teacher candidates demonstrate dispositions essential to becoming effective professionals.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
6.1 Demonstrate	TC demonstrates characteristics of	TC provides equal amounts of	TC provides equal amounts of
behaviors that are	"motor elitism" by providing more	feedback to students regardless of	feedback to students regardless
consistent with the	feedback to highly skilled	skill level. All students are	of skill level. All students are
belief that all students	students. TC excludes students	encouraged to participate and	encouraged to participate and
can become physically	during the lesson by having them	equitable opportunities for	equitable opportunities for
educated individuals.	participate less often in drills,	participation in drills, games or	participation in drills, games,
	games, or physical activity. TC fails to make adaptations in lesson for underperforming students.	physical activity are provided. TC makes adaptations in lesson for underperforming students.	or physical activity are provided. TC makes adaptations in lesson for underperforming students. TC sets high expectations for all students.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
6.2 Participate in activities that enhance collaboration and lead to professional growth and development.	TC participates in professional growth and development opportunities when directed to do so. TC meets the minimum professional development requirements for the program. TC fails to document any collaboration with faculty, parents, supervising teachers and/or service projects as required by the program.	TC participates in professional growth and development opportunities when they are offered. TC participates in professional opportunities beyond the program requirements, such as major's club, attendance at state conventions, health fairs, and Jump/Hoop for Hearts activities. TC documents collaboration with faculty, parents, supervising teachers and/or service projects as required by the program.	TC takes every opportunity to participate in professional development opportunities.  TC participates in professional opportunities beyond the program requirements, such as making presentations at professional conventions, providing leaderships in student groups, and planning activities. TC documents collaboration with faculty, parents, supervising teachers and/or service projects beyond program requirements.

<b>Element Statement</b>	Unacceptable	Acceptable	Target
6.3 Demonstrate behaviors that are consistent with the professional ethics of highly qualified teachers.	TC dresses inappropriately for school setting in violation of school and university dress codes. TC fails to maintain confidentiality regarding colleagues, students, or families. TC demonstrates favoritism for specific students or groups of students. TC has inappropriate contact with students outside of the classroom or uses inappropriate language with or around students. TC exhibits behaviors that are indicative of gender or racial bias.	TC's dress is consistent with school and university guidelines. TC maintains confidentiality regarding colleagues, students, or families. TC demonstrates behaviors that are consistent with equitable treatment for all students. TC maintains professional relationships with students in and out of the school setting.	TC's dress exceeds the requirements of the school and university guidelines. TC maintains confidentiality regarding colleagues, students, or families. TC demonstrates behaviors that are consistent with equitable treatment for all students and foster an environment where all students are respectful of each other. TC maintains professional relationships with students in and out of the school setting.
6.4 Communicate in ways that conveys respect and sensitivity.	TC interacts with others in a professional manner, but sometimes resorts to the use of "slang" terms during conversations with students. TC sometimes "puts down" students in front of classmates. TC occasionally demonstrates behaviors or language that is insensitive to culturally differences	TC attempts to teach in a culturally responsive way. TC demonstrates respect for cultural differences and exhibits teaching behaviors that are inclusive. TC avoids sarcasm and "put downs" while interacting with students.	TC teaches using culturally responsive approaches. TC demonstrates respect for cultural differences and creates an atmosphere in the classroom that is inclusive. TC never uses "put downs" or sarcasm while teaching.

# **Glossary of Terms**

#### **Notes:**

- 1. The reader of this document should become thoroughly familiar with the Glossary of NCATE Terms as found in the NCATE Unit Standards in *Professional Standards for the Accreditation of Schools, Colleges, and Departments of Education,* found at <a href="http://www.ncate.org/public/standards.asp">http://www.ncate.org/public/standards.asp</a>. The following Glossary of Terms is supplemental and specific to the NASPE Initial PETE Standards 2008.
- 2. Throughout the standards and elements, the term *teacher candidate* refers to pre-service teachers in an initial preparation program. The term *student* refers to the school-age (K-12) student.
- 3. Throughout the standards and elements the term **physically educated individuals** refers to NASPE's (2004) definition of a physically educated person:
  - has learned skills necessary to perform a variety of physical activities:
  - knows the implications of and the benefits involvement in physical activities;
  - *does* participate regularly in physical activity;
  - is physically fit;
  - *values* physical activity and its contribution to a healthy lifestyle.

Instructional
Feedback

Specific, intentional, well-timed augmented information provided by the teacher candidate to the student which serves the primary purpose of increasing student motor skill learning and performance. Some intentional feedback (used sparingly) may also serve to increase motivation and/or reinforce appropriate behaviors during practice or performance.

# Assessments/Appropriate Assessments

Tools and strategies used to gather information about a K-12 student's level of achievement. Assessments are used to make inferences about the level of student learning and to inform about the teacher candidate about the enhancement of student learning. Appropriate assessments are linked to lesson/unit goals and objectives, conducted within the context of instruction, and match the developmental level of both the student and the teacher candidate.

#### Critical Elements

Essential components of skillful movements (e.g. in throwing, the elements include arm, body, and leg actions).

# **Developmentally Appropriate**

The outcome of a developmentally and instructionally appropriate program of physical education is an individual who has the knowledge, skills and confidence to become and remain physically active for a lifetime. Appropriate instruction in physical education incorporates the best-known practices, derived from both research and teaching experiences, into a pattern of instruction that maximizes opportunities for learning and success for all students. (NASPE, 2008) Developmentally appropriate instruction

takes into account the fact that "developmental change is qualitative, sequential, directional, cumulative, multifactorial, and individual." (NASPE, 1995, p. 17)

**Dispositions** 

The attitudes, values, and beliefs demonstrated through both verbal and non-verbal behaviors as educators interact with students, families, colleagues, and communities. These professional dispositions support student learning and development (NCATE, 2008).

Diverse Student Needs/ Student Diversity Differences among groups of people and individuals based on ethnicity, race, socioeconomic status, gender, exceptionalities, language, religion, sexual orientation, geographical area, and developmental differences.

Health-Enhancing Fitness

Intentional and systematic physical activity that positively enhances the components of personal physical fitness (i.e. cardiovascular and muscular). Improving these components reduce the risk of disease and illness and enhance overall health and well-being.

Instructional Cues and Prompts

Verbal cues that direct or focus the student's attention to the key elements of a skill or prompts the student to perform key movement components of skills (e.g. "platform with arms" for volleyball forearm pass).

Instructional Feedback

Specific, intentional, well-timed augmented information provided by the teacher candidate to the student which serves the primary purpose of increasing student motor skill learning and performance. Some intentional feedback (used sparingly) may also serve to increase motivation and/or reinforce appropriate behaviors during practice or performance.

**Instructional Formats** 

Teaching approaches ranging from direct to indirect.

Learning Experiences

Planned instructional activities to help meet learning goals and objectives for K-12 students.

Movement Patterns

Fundamental movements are the essential building blocks to skillful movement. These include locomotor (i.e. jumping and running), nonlocomotor (i.e. bending and stretching), and manipulative (i.e. striking and throwing) movement patterns.

Non-Verbal Communication Techniques of communicating that use expressions, gestures, body posture, and/or signals rather than the spoken word. May also include materials, technology, and alternative resources such as task cards or poster boards.

Performance Concepts

Knowledge and action concepts related to the skillful performance of movement and fitness activities. This includes the aspects of (1) correct <u>selection</u> or "what" to do (i.e. when to

choose a drop shot or why choose low repetitions for strength training) when performing a skill; and (2) correct <u>execution</u> or "how" to do a skill (i.e. execute a wrist flick or speed of lowering the weight in a repetition) (Rink, 2003).

Personal Competence in Motor Skill Performance

The teacher candidate demonstrates movement skills and movement patterns at a level necessary to perform a variety of physical activities. Teacher candidates are expected to be minimally competent in many movement forms and proficient in a few movement forms (NASPE, 2004). Teacher preparation programs may assess personal competence of teacher candidates in a variety of ways.

Personal Competence in Health-Enhancing Fitness

The teacher candidate demonstrates he/she is physically fit and does participate regularly in physical activity that enhances personal fitness and overall health (NASPE, 2004). Teacher preparation programs may assess the achievement and maintenance of health-enhancing levels of physical fitness in teacher candidates in a variety of ways.

Physically Educated Individuals

See Note 3.

Reflection

Mental process of the teacher candidate in which he/she considers relevant instructional and contextual factors (i.e. student diversity, developmental differences, type of motor skill), the achievement of student learning outcomes, and the use of assessment data to modify instruction and enhance future student learning. This is the last element of the reflective cycle.

Reflective Cycle

The systematic and comprehensive process of using assessment data to inform the teacher candidate about student achievement of learning outcomes, and the modification of instruction, (based on assessment data) to enhance student learning.

Short and Long Term Plans

Short term plans refers to daily lesson plans, while long term plans refers to unit plans (weeks or collection of daily lessons). Daily lesson plans comprise unit plans.

Students

School-aged K-12 Students.

Teacher Candidates

Pre-service teachers in an initial teacher education program.

Technology

Tools appropriately used to work effectively with students and increase student learning and performance. Technology is either discipline-specific or tailored to achieve lesson/unit learning goals and objectives.

Variety of Physical Activities

Specific motor skills and activities that together constitute K-12 physical education. These may include but are not limited to: aquatics, dance and rhythms, fitness activities, fundamental

motor skills, lifetime leisure activities, outdoor activities, sports (team, individual, and dual).

# **Resource List for Glossary**

- National Association for Sport and Physical Education (In press). *Appropriate Instructional Practices Guidelines for High School Physical Education*. Reston, VA: Author.
- National Association for Sport and Physical Education (1995). *Developmentally Appropriate Physical Education Practices for Children*. Reston, VA: Author.
- National Association for Sport and Physical Education (2004). *Moving into the Future: National Standards for Physical Education* (2<sup>nd</sup> Edition). Reston, VA: Author.
- National Council for Accreditation of Teacher Education (2008). Professional Standards for Accreditation of Teacher Preparation Institutions. Washington, DC: Author.
- Rink, J. (2003). Motor Learning in *Concepts and Principles of Physical Education*. *What Every Student Needs to Know*, (2<sup>nd</sup> edition). Edited by Bonnie Mohnsen. Reston, VA: NASPE.

#### **Selected Reference List**

# Standard 1 Scientific and Theoretical Knowledge

- Borko, H., Liston, D., & Whitcomb, J. (2006). A conversation of many voices: Critiques and visions of teacher education. *Journal of Teacher Education*, 57(3), 199-204.
- Clark, C. M., & Peterson, P. L. (1986). Teachers' thought processes. In M. C. Wittrock (Ed.), Handbook of Research on Teaching. New York: Macmillan.
- Cochran-Smith, M., & Zeichner, K. M. (Eds.). (2005). Studying teacher education: The report of the AERA panel on research and teacher education. Mahwah, NJ: LEA Publications.
- Darling-Hammond, L. (2006). Constructing 21<sup>st</sup>-century teacher education. *Journal of Teacher Education*, *57*(3), 300-314.
- Darling-Hammond, L., & Bransford, J. (2005). Preparing teachers for a changing world: What teachers should learn and be able to do. San Francisco, CA: Jossey-Bass.
- Kelly, P., Hickey, C., & Tinning, R. (2000). Producing knowledge about physical education pedagogy: Problemizing the activities of expertise. *Quest*, 52(3), 284-296.
- Kennedy, M. M. (2006). Knowledge and vision in teaching. *Journal of Teacher Education*, 57(3), 205-211.
- Liston, D., Whitcomb, J., & Borko, H. (2006). Too little or too much: Teacher preparation and the first years of teaching. *Journal of Teacher Education*, *57*(4), 351-358.
- Rink, J., French, K., Lee, A., Solmon, M., & Lynn, S. (1994). A comparison of pedagogical knowledge structures of preservice students and teacher educators in two institutions. *Journal of Teaching in Physical Education*, 13, 140-162.

# Standard 2 Skill and Fitness Based Competence

- Barfield, J. P., Bennett, J., Folio, M. R., & Killman, C. (2007). Disability rights in higher education: Ensuring kinesiology program and accreditation standards do not discriminate. *Quest*, *59*(4), 384-397.
- Castelli, D. & Williams, L. (2007). Health-related fitness and physical education teachers content knowledge, *Journal of Teaching Physical Education*, 26(1).

- Chepko, S. F., & Aronld, R.k. (2000). *Guidelines for Physical Education Programs: Grades K-12 Standards, Objectives, and Assessments*. Boston, MA: Allyn and Bacon.
- National Association for Sport and Physical Education (2004). *Moving into the Future: National Standards for Physical Education* (2<sup>nd</sup> Edition). Reston, VA: Author.
- Peterson, S., Byrne, H., & Cruz, L. (2003). The reality of fitness for pre-service teachers: What physical education majors "know and can do." *The Physical Educator*, 60(1), 5-18.
- Rovegno, I. (1993). Content-knowledge acquisition during undergraduate teacher education: Overcoming cultural templates and learning through practice. *American Educational Research Journal*, *30*, 611-642.
- Shulman, L. (1986). Paradigms and research agendas in the study of teaching. In M.C. Wittrock (Ed.), *Handbook of Research on Teaching* (3<sup>rd</sup> ed., pp. 3-36). New York: Macmillan.
- Shulman, L. S. (1987). Knowledge in teaching: Foundations of the new reform. *Harvard Educational Review*, *57*(1), 1-22.
- Shulman, L. (2004a). Those who understand: Knowledge growth in teaching (pp. 189-216). In L. Shulman and S. M. Wilson (Eds.) *The Wisdom of Practice: Essays on Teaching, Learning, and Learning to Teach*. San Francisco: Jossey-Bass.
- Shulman, L. (2004b). Knowledge and teaching: Foundation of the new reform (pp. 217-248). In L. Shulman and S. M. Wilson (Eds.) *The Wisdom of Practice: Essays on Teaching, Learning, and Learning to Teach*. San Francisco: Jossey-Bass.
- Shulman, L. (2004c). Disciplines of inquiry in education (pp. 276-307). In L. Shulman and S. M. Wilson (Eds.) *The Wisdom of Practice: Essays on Teaching, Learning, and Learning to Teach.* San Francisco: Jossey-Bass.
- Shulman, L. (2004d). Aristotle had it right (pp. 399-416). In L. Shulman and S. M. Wilson (Eds.) *The Wisdom of Practice: Essays on Teaching, Learning, and Learning to Teach*. San Francisco: Jossey-Bass.
- Siedentop, D. (1999). The context for teacher education: Will PETE be on the inside or outside? Keynote address at the National Association for Sport and Physical Education Physical Education Teacher Education Conference, Bloomingdale, IL.
- Siedentop, D. (2002). Content knowledge for physical education. *Journal of Teaching in Physical Education*, 21(4), 368-377.

- Tinning, R. (2002). Engaging Siedentopian perspectives on content knowledge for physical education. *Journal of Teaching in Physical Education*, 21(4), 378-391.
- Zeigler, E. F. (2003). Guiding professional students to literacy in physical activity education. *Quest*, 55(4), 285-305.

## Standard 3 Pedagogical Content: Plan and Implement

- Griffey, D.C., & Housner, L.D. (1991). Differences between experienced and inexperienced teachers' planning decisions, interactions, student engagement, and instructional climate. *Research Quarterly for Exercise and Sport*, 62, 196-204.
- Griffin, L., Dodds, P., & Rovegno, I. (1996). Pedagogical content knowledge for teachers: Integrate everything you know to help students learn. *Journal of Physical Education, Recreation, and Dance*, 67(9), 58-61.
- Housner, L.D. & Griffey, D. C. (1985). Teacher cognition: Differences in planning and interactive decision making between experienced and inexperienced teachers. *Research Quarterly for Exercise and Sport*, 56(1), 45-53.
- McCullick, B., Schempp, P., Hsu, S. H., Jung, J. H., Vickers, B., & Schuknecht, G. (2006). An analysis of the working memories of expert sport instructors. *Journal of Teaching in Physical Education*, 25(2), 149-165.
- Palmer, S. E. & Hildebrand, K. (2005). Designing appropriate learning tasks: The environmental management model. *Journal of Physical Education, Recreation & Dance*, 76(2), 48-56.
- Rink, J. (2004). It's okay to be a beginner. *Journal of Physical Education, Recreation & Dance*, 75(6), 31-34.
- Rovegno, I. (1995). Theoretical perspective on knowledge and learning and a student teacher's pedagogical content knowledge of dividing and sequencing subject matter. *Journal of Teaching in Physical Education*, 14, 284-304.

## Standard 4 Pedagogical Skill: Instructional Delivery and Management

- Andrew, M. D., Cobb, C. D., & Giampietro, P. J. (2005). Verbal ability and teacher effectiveness. *Journal of Teacher Education*, 56(4), 343-354.
- Berliner, D. C. (1986). In pursuit of the expert pedagogue. *Education Researcher*, 15, 5-13.
- Berliner, D. C. (1994). Expertise: The wonder of exemplary performances. In J. Mangieri & C. Block (Eds.), *Creating powerful thinking in teachers and students:* Diverse perspectives (pp. 161-186). Fort Worth, TX: Harcourt Brace College.

- Carter, K., Cushing, K., Sabers, D., Pinnegar, S., & Berliner, D. C. (1987). Processing and using information about students: A study of expert, novice, and postulant teachers. *Teaching and Teacher Education*, *3*(2), 147-157.
- Carter, K., Cushing, K., Sabers, D., Stein, P. & Berliner, D. C. (1988). Expert-novice differences in perceiving and processing visual classroom information. *Journal of Teacher Education*, 39(3), 25-31.
- Dodds, P. (1994). Cognitive and behavioral components of expertise in teaching physical education. *Quest*, 46, 153-163.
- Ericsson, K. A. (2003). Development of elite performance and deliberate practice: An update from the perspective of the expert performance approach. In J.L. Starkes & K. A. Ericsson (Eds.), *Expert performance in sports: Advances in research in sport expertise* (pp. 49-83). Champaign, IL: Human Kinetics.
- Ericsson, K. A. & Smith, J. (1991). *Toward a general theory of expertise*. Cambridge: Cambridge University Press.
- Garrahy, D., Coleman, M., & Jones, D. L. (2005, April). Preservice teacher gender beliefs and practices during an elementary physical education practicum. In R. Gabbei (Chair), *Studying the impact of gender in physical education*. Symposium at the American Alliance for Health, Physical Education, Recreation, and Dance Conference, Chicago, IL.
- Garrahy, D. A., Cothran, D. J., & Kulinna, P. H. (2005). Voices from the trenches: An exploration of teachers' management knowledge. *The Journal of Educational Research*, 99(1), 56-58.
- Graham, K.C., French, K. E., Wood, A. M. (1993). Observing and interpreting teaching learning processes: Novice PETE students, experienced PETE students, and expert teacher educators. *Journal of Teaching in Physical Education*, 13(1), 46-61.
- Grenier, M. (2007). Inclusion in physical education: From a medical model to social constructivism. *Quest*, 59(3).
- Hyland, N. E. (2005). Understanding diversity through social and community inquiry: An action-research study. *Journal of Teacher Education*, *56*(4), 367-381.
- Manross, D., & Templeton, C. (1997). Expertise in teaching physical education. *Journal of Physical Education, Recreation, and Dance*, 68(3), 37-41.
- McCaughtry, N. & Rovegno, I. (2003). Development of pedagogical content knowledge: Moving from blaming students to predicting skillfulness, recognizing motor

- development, and understanding emotion. *Journal of Teaching in Physical Education*, 22(4), 355-368.
- Owens, L. (2006). Teacher radar: The view from the front of the class. *Journal of Physical Education, Recreation, & Dance*, 77(4), 29-33.
- Rovegno, I., Chen, W., & Todorovich, J. (2003). Accomplished teachers' pedaogogical content knowledge of teaching dribbling to third grade children. *Journal of Teaching in Physical Education*, 22(4), 246-449.
- Schempp, P.G. & Johnson, S. W. (2006). Learning to see: Developing the perception of an expert teacher. *Journal of Physical Education, Recreation & Dance*, 77(6), 29-34.
- Schempp, P.G., Manross, D., Tan, S.K.S., & Fincher, M.D. (1998). Subject expertise and teachers' knowledge. *Journal of Teaching in Physical Education*, 17, 342-356.
- Schempp, P.G., Tan, S., & McCullick, B. (2002). The practices of expert teachers. *Teaching and Learning*, 23, 99-106.
- Smith, T. W. & Strahan, D. (2004). Toward a prototype of expertise in teaching: A descriptive study. *Journal of Teacher Education*, 55(4), 357-371.
- Starkes, J. L., Helson, W., & Jack, R. (2001). Expert performance in sport and dance. In R. Singer, C. Janelle, & H. Hausenblas (Eds.), *Handbook of sport psychology* (2<sup>nd</sup> ed., pp. 174-204). New York: Macmillan.

# Standard 5 Impact on Student Learning

- Barrett, K. R. & Collie, S. (1996). Children learning lacrosse from teachers learning to teach it: The discovery of pedagogical content knowledge by observing children's movement. *Research Quarterly for Exercise and Sport*, 67(3), 297-309.
- Burden, Jr., J. W., Hodge, S. R., O'Bryant, C. P., & Harrison, Jr., L. (2004). From colorblindness to intercultural sensitivity: Infusing diversity training in PETE programs. *Quest*, *56*(2), 173-189.
- Chen, W., Rovegno, I., Todorovich, J. & Babiarz, M. (2003). Third grade children's movement responses to dribbling tasks presented by accomplished teachers. *Journal of Teaching in Physical Education*, 22(4), 450-466.
- Gay, G. (2002). Preparing for culturally responsive teaching. *Journal of Teacher Education*, 53(2), 106-116.
- Goodway, J. D. (2002, April). Assessment of preservice teachers using teacher work sample. In S. Stroot (Chair), *Work sample methodology: Assessing the preservice*

- teacher's effectiveness. Symposium conducted at the meeting of the American Alliance for Health, Physical Education, Recreation, and Dance, San Diego, CA.
- Loughran, J. J. (2002). Effective reflective practice: In search of meaning in learning about teaching. *Journal of Teacher Education*, *53*(1), 33-43.
- Rovegno, I. (1992). Learning to teach in a field-based methods course: The development of pedagogical content knowledge. *Teaching and Teacher Education*, 8(1), 69-82.
- Sleeter, C. E. (2001). Preparing teachers for culturally diverse schools: Research and the overwhelming presence of whiteness, *Journal of Teacher Education*, *52*(2), 94-106.
- Stroot, S. (2002, April). Teacher work sample methodology: A new strategy for physical education teacher education. In S. Stroot, (Chair), *Work sample methodology: Assessing the preservice teacher's effectiveness.* Symposium conducted at the meeting of the American Alliance for Health, Physical Education, Recreation, and Dance, San Diego, CA.

#### Standard 6 Professionalism

- Ferro, J. M. (2000). Reflective practice and professional development. *ERIC Digest*, Retrieved July 11, 2007, from http://www.ericdigests.org/2001-3/reflective.htm
- Hargreaves, A. & Fink, D. (2006). Sustainable leadership. San Francisco: Jossey/Bass.
- Hutzler, Y. (2003). Attitudes toward the participation of individuals with disabilities in physical activity: A review. *Quest* 55(4), 347-373.
- McFalls, E. L. & Cobb-Roberts, D. (2001). Reducing resistance to diversity through cognitive dissonance instruction: Implications for teacher education. *Journal of Teacher Education*, 52(2), 164-172.
- O'Sullivan, M., & Deglau, D. (2006). Principles of professional development. *Journal of Teaching in Physical Education*, 25, 441-449.
- Rovegno, I. (1994). Teaching within a curricular zone of safety: School culture and the situated nature of student teachers' pedagogical content knowledge. *Research Quarterly in Exercise and Sport*, 65(3), 269-279.
- Rovegno, I. & Brandhauer, D. (1997). Psychological dispositions that facilitated and sustained the development of knowledge of a constructivist approach to physical education. *Journal of Teaching in Physical Education*, 16(2), 136-141.

#### In General

- Ayers, S. F. & Griffey, L. D. (2008). A descriptive analysis of undergraduate PETE programs. *Journal of Teaching in Physical Education*, 27(1), 51-67.
- Cochran-Smith, M. (2005). Studying teacher education: What we know and need to know. *Journal of Teacher Education*, *56*(4) 301-306.
- Dyson, B., Griffin, L. L., & Hastie, P. (2004). Sport education, tactical games, and cooperative learning: Theoretical and pedagogical considerations. *Quest*, 56(2), 226-240.
- Gore, J. M. (2001). Beyond our differences: A reassembling of what matters in teacher education. *Journal of Teacher Education*, 52(2), 124-135.
- Hall, T. J. & Smith, M. A. (2006). Teacher planning, instruction, and reflection: What we know about teacher cognitive processes. *Quest*, 58(4).
- Kirk, D. & Macdonald, D. (2001) The social construction of PETE in higher education: Toward a research agenda. *Quest*, *53*(4), 440-456.
- Lawson, H. A. (1993). Dominant discourses, problem setting, and teacher education pedagogies: A Critique. *Journal of Teaching in Physical Education*, 12(2), 149-160.
- Mohnsen, B. (2003). *Concepts and principles of physical education: What every student needs to know* (2<sup>nd</sup> ed.). Reston, VA: National Association for Sport and Physical Education.
- Murray, F. B. (2001). The overreliance of accreditors on consensus standards. *Journal of Teacher Education*, 52(3), 211-222.
- Murray, F. B. (2005). On building a unified system of accreditation in teacher education. *Journal of Teacher Education*, *56*(4), 307-317.
- National Association for Sport and Physical Education (1995). Looking at physical education from a developmental perspective: A guide to teaching. Reston, VA: Author.
- National Association for Sport and Physical Education. (2001). *Standards for Advanced Programs in Physical Education Teacher Education*. Retrieved August 15, 2008 from <a href="http://www.aahperd.org/naspe/pdf">http://www.aahperd.org/naspe/pdf</a> files/standards advanced.pdf
- National Association for Sport and Physical Education. (2007). What constitutes a highly qualified physical education teacher? Retrieved August 15, 2008 from <a href="http://www.aahperd.org/naspe/pdf">http://www.aahperd.org/naspe/pdf</a> files/HiQualified.pdf

- National Council for the Accreditation of Teacher Education (2008). Unit Standards in Professional Standards for the Accreditation of Teacher Preparation Institutions. Rretrieved August 15, 2008 from <a href="http://www.ncate.org/public/standards.asp?ch=4">http://www.ncate.org/public/standards.asp?ch=4</a>
- Pullin, D. (2004). Accountability, autonomy, and academic freedom in educator preparation programs. *Journal of Teacher Education*, 55(4), 300-312.
- Rink, J. (2007). What knowledge is of most worth? Perspectives on kinesiology from pedagogy. *Quest*, 59, 100-110.
- Strotsky, S. (2006). Who should be accountable for what beginning teachers need to know? *Journal of Teacher Education*, *57*(*3*), 256-268.
- Tamir, E. & Wilson, S. M. (2005). Who should guard the gates? Evidentiary and professional warrants for claiming jurisdiction. *Journal of Teacher Education*, 56(4), 332-342.
- Tinning, R. (1991). Teacher education pedagogy: Dominant discourses and the process of problem-setting. *Journal of Teaching Physical Education*, 11(1), 1-20.
- Wise, A. E. (2005). Establishing teaching as a profession: The essential role of professional accreditation. *Journal of Teacher Education*, *56*(4), 318-331.